

INSIGHTS

Vol. XIV No. 4, April 2002

ARBOR DAY, APRIL 26 A CELEBRATION OF STEWARDSHIP

Stewardship means taking good care of our environment and natural resources. The future of our bountiful forests and tree-shaded streets and parks depends upon each of us doing our part. By being good caretakers, we can have both the forest products and the beautiful forest land we all need. Arbor Day is a special holiday on which we celebrate tree planting and taking good care of our natural resources.

The word "Arbor" means "Trees." Because trees play such important roles in each of our lives, it's only fitting that we set aside a time each year to plant trees and celebrate. ■



HOW TO SPRING CLEAN YOUR PC

Just as your car requires occasional cleaning and waxing to keep it shiny and new looking, so it is with your personal computer. A good spring cleaning can help keep it running as efficient and fast as it was originally designed to. You won't need a degree in computer mechanics to do all this—most jobs can be tackled with a few simple tools.

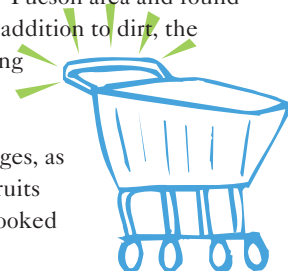
First, clean all the dust and debris that accumulates around your computer's cooling fan. It's important that your computer gets the cooling air circulation it needs to work properly.

Next, clean the monitor screen, the keyboard, and mouse. If you don't dust your screen on a regular basis, you may be shocked at the clarity after a good cleaning. And, about that keyboard...if keys are sticking and cookie crumbs abound between the keys, perhaps a replacement is in order. You can purchase a new keyboard for \$15 to \$50. Cleaning an old style mouse will set your cursor free. Simply remove the retainer ring and clean the ball with soap and water.

While you're at it, how about all those files you've been making? Are they organized the way you want? Do you have old programs eating up space on your hard drive? Open the control panel and use the Add/Remove programs to delete them. Don't forget to check all the connections in the back of your computer. Finally, make sure everything is attached securely and that all thumb screws are tightened. ■

DIRT FINDS A HOME ON SHOPPING CART HANDLES

A University of Arizona microbiologist tested a two-inch square section of cart handles in the Tucson area and found that 54% failed the hygiene test. In addition to dirt, the research found bodily fluids including blood, mucus, urine and saliva, in addition to various organic matter. Shoppers pick up leaky meat packages, as well as fresh produce, vegetables, fruits and baked goods that may not be cooked before consumption. ■



Source: American Association of Meat Processors

YOU HAVE A CHOICE

Whatever your cleaning needs are, ChemStation has the solution. In our efforts to help you "keep it clean," ChemStation is also concerned about keeping it clean in the safest possible manner by avoiding the use of dangerous chemicals in our products.

Yes, you have a choice, and we thank you for choosing us. ■

APRIL SHOWERS

April is a busy month. In between the rain-drops you've got to remember to set your clocks forward in the wee hours of April 7 and rush to the post office to mail your income tax forms on the 15th. April has been designated Keep America Beautiful Month and Listening Awareness Month. Professional Secretaries Day is the 24th and we celebrate National Arbor Day on April 26. The second week is Building Safety Week—a good time to check around your building and make sure it's safe! The last week in April is National TV-Free Week—so grab a good book and enjoy!



STUDY FINDS CONSUMERS STILL MAKE MISTAKES

Consumers may know more about handling food safely today, but they still fail to do what they should do in the kitchen to prevent themselves from getting sick. While consumers are more aware that they should keep their hands and food contact surfaces clean and

prevent raw meat and poultry from contaminating other items in the kitchen when cooking, they don't always follow practices to do so.

The study found that many consumers are not defrosting meat, reheating leftovers properly or following the advice, "When in doubt, throw it out." People are eating hamburgers more thoroughly cooked, but few are using thermometers to ensure the meat has

reached a safe internal temperature. But, consumers do report having more confidence in the safety of the meat supply. And, senior citizens are more likely to wash their hands before cooking, properly clean cutting boards, safely reheat leftovers and own a food thermometer, than the general population. ■

Source: *Food Chemical News*



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Send your comments to:

Insights Editor, ChemStation, 3400 Encrete Lane, Dayton OH 45439
Email: kdunlap@chemstation.com

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SOAPBOX

Life is something that everyone should try at least once.

– Henry J. Tillman

Abscond, v. Latin for “move in a mysterious way,” usually with another’s property.

When it’s 40°F you can see your breath, Californians shiver uncontrollably and Minnesotans go swimming.

Sometimes I wish life had subtitles. – Anonymous

Halogen Light, n. A worklight that lights up your backyard with the incandescence of a football stadium, causing you to cast a heavy shadow over the area you’re working on so that you need to use a flashlight anyway.

At 30°F you plan your vacation to Australia, Minnesotans put on T-shirts, Wisconsin ice cream sales peak and British cars don’t start.

Famous Last Words: “I wonder where the mother bear is.”

Education’s purpose is to replace an empty mind with an open one. – Malcolm Forbes

Segal’s Law: A man with a watch knows what time it is. A man with two watches is never sure.

When everyone is somebody, then no one’s anybody. – W.S. Gilbert

A study of economics usually reveals that the best time to buy anything is last year.

For a list of all the ways technology has failed to improve the quality of life, please press three. – Alice Kahn

April, n. The month when the green returns to the lawn, the trees, and the IRS.

If Polygram Records, Warner Brothers and Keebler merged, the new company would be Poly-Warner-Cracker.

Life is the art of drawing without an eraser. – John W. Gardner